



EKAC MASTERS TOP 20



60m

7.45	DAVID GILMOUR M35	2006	2:03.6
7.7	BILL MACDOUGALL	1989	2:04.62
8.01	FRASER HOPKINS	2015	2:05.?
8.02	CHARLIE LELEUX	2003	2:11.80
8.06	ANDY CLYDESDALE M35	2017	2:13.0
8.27	RAMSAY SLOSS M50	2004	2:07.7

100m

11.38	DAVID GILMOUR M35	2005	2:17.8
12.0	BILL MACDOUGALL	1994	2:18.0
12.2	FRASER HOPKINS	2015	2:18.8
12.37	CHARLES LELEUX	2003	2:24.8
12.7	ANDY HAETZMAN	1990	2:27.1
12.8	ANDY CLYDESDALE	2014	2:27.1
13.0	JOHN TOMS	1997	2:28.6
13.1	GRANT BAILLIE M35	2014	2:29.1
13.18	RAMSAY SLOSS M50	2005	2:30.8
13.2	WILLIE TAYLOR	2007	2:31.9
13.5	WILLIE MCCANN	1990	2:32.2
13.54	GORDON SELFRIDGE M35	2012	2:34.27
14.0	WILLIE TAYLOR M45	2012	2:40.82
14.3	BILL SMITH	1990	
14.5	DEREK LEITCH	2004	
14.53	KEITH GARROW M35	2010	4:10.38
14.6	DONALD FERGUSON	1992	4:20.54
14.6	FRED BIAS	1992	4:29.2
14.6	RAYMOND DULLICK	1993	4:32.0
14.8	PAT RUSSELL	1990	4:34.58
14.8	WILLIAM MUIR	2010	4:36.31

200m

23.3	DAVID GILMOUR	2007	4:43.4
24.1	BILL MACDOUGALL	1993	4:47.0
25.50i	ANDY CLYDESDALE M35	2017	4:52.0
25.8	FRASER HOPKINS	2014	4:55.0
25.82	RAMSAY SLOSS M50	2004	4:55.1
26.4	CHARLES LELEUX	2005	5:00.0
26.77	RAMSAY SLOSS M55	2008	5:01.0
27.3	EDDIE MORRISON	1997	5:01.0
27.4	ANDY HAETZMAN	1990	5:11.0
27.7	GORDON SELFRIDGE M35	2013	5:11.0
28.0	WILLIE MCCANN	1991	5:11.7
28.8	DAVID CONDRAS	2005	5:18.6
29.0	DEREK LEITCH O/50	2005	5:22.4
29.2	RAYMOND DULLICK	1992	5:23.7
29.2	JOHN TOMS	1996	
29.7	DONALD FERGUSON	1992	6:31.53
30.1	FRED BIAS	1982	
30.4	DUNCAN HUGHES	1996	9:04.5
30.5	PAT RUSSELL	1990	9:05.63
30.6	KEITH GARROW M35	2008	9:16.6
30.6	STUART MACDONALD M40	2016	9:46.4

400m

56.3	BILL MACDOUGALL	1990	10:13
57.63i	RAMSAY SLOSS M50	2003	10:16.7
61.25	DEREK LEITCH V50	2003	10:19
62.1	WILLIE MCCANN	1992	10:20.1
62.73	RAMSAY SLOSS M55	2008	10:20.1
66.0	DAVID CONDRAS	2006	10:21.3
68.7	DONALD FERGUSON	1991	10:27.0
68.7	FRED BIAS	1992	10:31.37
70.0	DAVID MCKIRDY	1991	10:35.0
74.6	JOHN TOMS	1996	10:37.2

800m

GRANT BAILLIE M35	2014
KEVIN DOWNIE M35	2009
RAMSAY SLOSS M40	1993
DEREK LEITCH M55	2008
WILLIE TAYLOR	2008
DEREK LEITCH	2002
DAVID CONDRAS	2005
BOBBY RONALD	1997
DEREK LEITCH M50	2005
BILL MACDOUGALL	1990
EDDIE MORRISON	1997
HARRY HENDERSON	1996
DONALD FERGUSON	1992
BILL SMITH	1992
GRAEME HADDOW	2006
GAVIN MCKIRDY	1990
ANDY CLYDESDALE	2014
ANDY HAETZMAN	1990
GORDON SELFRIDGE M35	2013
CHRIS WHITE M35	2016
DEREK LEITCH M60	2015

1500m

KEVIN DOWNIE M40	2010
DEREK LEITCH M45	2002
BOBBY RONALD	1997
RAYMOND DULLICK	1993
WILLIE TAYLOR	2007
DAVID CONDRAS	2002
DEREK LEITCH M50	2005
WILLIE MCCANN	1990
BILL SMITH	1985
GORDON COLVIN	2001
GRAEME HADDOW	2006
GAVIN MCKIRDY	1990
HUGH TURNER	1984
PAT RUSSELL	1985
DREW TURNBULL	1985
GORDON SELFRIDGE	2014
DONALD FERGUSON	1992
ANDY HAETZMAN	1990
EDGAR RAMAGE	1998
GERRY O'NEILL M40	2016

2000m

DEREK LEITCH M50	2003
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3000m

GRANT BAILLIE M35	2014
KEVIN DOWNIE	2010
BOBBY RONALD	1995
DAVID CONDRAS	2004
GEORGE BLACK	1986
GRAEME HADDOW	2002
GORDON COLVIN	1999
DAVID CONDRAS M45	2007
GAVIN MCKIRDY	1990
DEREK LEITCH M45	2004
GRAEME HADDOW M45	2008
BILL SMITH	1986
EDDIE MORRISON	1997
CHRIS WHITE M35	2016
DEREK LEITCH M55	2012
GORDON COLVIN M45	2007
RAYMOND DULLICK	1992
DREW TURNBULL	1990
BRIAN O' NEILL	2002
BENNY ROONEY	1997



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5000m					TRIPLE JUMP				
15:48.0	BOBBY RONALD	1995	10.98		BILL MACDOUGALL	1990			
16:08.20	GRANT BAILLIE M35	2016							
17:05.9	DAVID CONDR	2002							
17:07	GEORGE BLACK	1984	35.77		DISCUS				
17:16.43	RALPH RIACH	2003	35.74		KEITH GARROW M35	2012			
17:50.0	BILL SMITH	1986	27.73		GEORGE LONEY	1994			
17:51.07	GRAEME HADDOW M45	2008	23.97		GRAHAM PORTERFIELD M35	2015			
19:28.36	DEREK LEITCH M55	2010	22.97		FRASER MACDOUGALL M35	2015			
19:35.0	TOMMY WALTERS	1983	21.20		WILLIAM MUIR M50	2014			
10000m					HAMMER				
33:53.88	BOBBY RONALD	1997	19.90		JOHN TOMS	1996			
34:30	GEORGE BLACK	1985	18.92		FRED BIAS	1980			
36:58.0	WILLIE MCCANN	1987	16.41		BILL MACDOUGALL	1990			
37:34.0	HUGH TURNER	1985	16.28		GORDON SELFRIDGE M40	2016			
39:04.0	ALAN HILL	1991	14.80		JOHN KEDDIE	1995			
40:03.0	DREW TURNBULL	1991	14.34		PAT RUSSELL	1994			
			13.06		RAYMOND DULLICK	1992			
					PHIL MCDONALD	1994			
110mh					JAVELIN				
30.8	JOHN TOMS	1996	38.39		FRASER MACDOUGALL	2015			
3000m S/C					HAMMER				
9:55.76	GRANT BAILLIE M35	2015	29.29		KEITH GARROW	2014			
11:10.5	DAVY CONDR	2006	29.02		GEORGE LONEY	1995			
			22.14		WILLIAM MUIR M55	2017			
			14.54		JOHN KEDDIE	1994			
MARATHON					JAVELIN				
2:30.50	GEORGE BLACK	1983	41.7		FRASER MACDOUGALL	2015			
2:37.42	GAVIN MCKIRDY	1981	36.74		GEORGE LONEY	1994			
1/2 MARATHON					HAMMER				
71.58	GEORGE BLACK	1985	33.30		KEITH GARROW M35	2013			
74.45	BOBBY RONALD	1996	27.34		WILLIAM MUIR M50	2012			
75.57	DAVID CONDR	2002	23.78		JOHN TOMS	1996			
81.14	GORDON COLVIN	1999	23.48		FRED BIAS	1982			
			21.35		NORRIE GRIFFITHS	1987			
			20.84		GORDON SELFRIDGE	2015			
			19.66		DAVID MCKIRDY	1991			
			19.20		DONALD FERGUSON	1992			
			17.62		PAT RUSSELL	1991			
			16.58		PHIL MCDONALD	1994			
			15.56		DREW TURNBULL	1991			
			15.18		WILLIE MCCANN	1992			
			6.31		GRAEME HADDOW	2006			
					SHOT PUT				
LONG JUMP					SHOT PUT				
5.67	FRASER HOPKINS	2015	11.79		GEORGE LONEY	1995			
5.35	BILL MACDOUGALL	1990	11.77		KEITH GARROW	2014			
5.05	CHARLES LELEUX	2003	9.01i		WILLIAM MUIR M55	2017			
4.97	GRANT BAILLIE M35	2014	8.93		FRASER MACDOUGALL	2015			
4.58	GORDON SELFRIDGE M35	2013	8.58		FRASER HOPKINS	2015			
4.37	WILLIE MCCANN	1991	8.33		ANDY CLYDESDALE	2014			
4.32	FRED BIAS	1982	8.05		JOHN KEDDIE	1994			
3.90	DAVID MCKIRDY	1991	7.55		JOHN TOMS	1997			
3.87	DONALD FERGUSON	1991	7.52		FRED BIAS	1979			
3.80	DAVID CONDR	2002	7.46		PAT RUSSELL	1990			
3.79	KEITH GARROW M35	2008	7.30		CHARLES LELEUX	2005			
3.75	DAVID CONDR M45	2008	7.05		WILLIE MCCANN	1990			
3.44	EDGAR RAMAGE	1998	6.91		DREW TURNBULL	1991			
3.41	PAT RUSSELL	1990	6.76		EDGAR RAMAGE	1998			
3.27	ALASDAIR MCGREGOR	1990	6.75		ALASDAIR MCGREGOR	1990			
3.13	BILL SMITH	1990	6.69		DAVID MCKIRDY	1991			
2.61	GRAEME HADDOW	2003	6.65		DONALD FERGUSON	1991			
2.54	DREW TURNBULL	1990	6.57		GRANT BAILLIE M35	2015			
2.51	WILLIAM MUIR	2002	6.55		GORDON SELFRIDGE M35	2013			
2.47	TERRY PATON	1990	6.54		NORRIE GRIFFITHS	1988			