



# EKAC UNDER 17 MEN TOP 20



## 60m

7.24	ALASDAIR MACKENZIE	2002
7.25	ROSS MAXWELL	2011
7.27	GREG KELLY	2015
7.30	KENNETH MCNAMEE	1987
7.33	ANDREW COUTTS	2012
7.38	FRASER HOPKINS	1987
7.45	ROSS MURRAY	1999
7.51	RYAN CLYDESDALE	2016
7.63	COLIN WALKER	1995
7.68	GREGOR THORPE	2008
7.68	ROSS MCGILL	2009
7.69	ANDREW BRENNAN	2007
7.69	SEB CARRICK	2017
7.74	FRASER MACKENZIE	2002
7.78	ROSS MORGAN	2009
7.83	NISHANT PURI	2008
7.84	SCOTT MCDERMOTT	1992
8.11	JAMES LAMONT	2003
8.14	SCOTT HONE	2003
8.20	JAMES RUSSELL	1995

## 400m

DEREK ARCHIBALD	1980
AIDAN GILBRIDE	2014
RYAN CLYDESDALE	2017
FRASER WHITE	1975
CALLUM FIELD	2015
ALAN MACBETH	1988
GERRY FEGAN	1988
JIM AITKEN	1978
KIERAN RANKIN	2012
KRISS DULICK	1992
ROBIN ARCHIBALD	1976
IAN MCGREGOR	1991
STUART RUSSELL	1993
KENNETH SIMPSON	1997
JAMIE CLEMENTS	2006
NICHOLAS COUPLAND	2012
FRASER MACDOUGALL	1993
DUNCAN MCINNES	1994
EWAN MCCORMACK	1990

## 600m

11.0	JOHN GILLIES	1978	1:27.4	AIDAN GILBRIDE	2013
11.0	STEPHEN HARRIGAN	1982	1:27.5	JAMIE CLEMENTS	2005
11.0	FRASER HOPKINS	1988	1:28.56	DAVID GORMAN	2006
11.06	ALASDAIR MACKENZIE	2002	1:33.3	NIALL WALKER	2005
11.2	KENNETH MCNAMEE	1987	1:39.21	FRASER MORGAN	2006
11.25w	GREG KELLY	2015			

## 800m

11.3	ROBIN ARCHIBALD	1976	1:55.05	ALAN MACBETH	1988
11.3	DEREK ARCHIBALD	1980	1:55.9	DEREK ARCHIBALD	1979
11.3	FRASER MACKENZIE	2002	1:56.29	AIDAN GILBRIDE	2014
11.35	ROSS MAXWELL	2011	1:59.2	GERRY FEGAN	1988
11.4	DAVID CATHIE	1987	2:00.80i	JAMIE CLEMENTS	2006
11.4	ROSS MCGILL	2009	2:01.4	ROBERT MCKIM	1974
11.48	EWAN MCCORMACK	1990	2:01.6	BOBBY MADDEN	1995
11.6	ROSS MURRAY	1999	2:01.8	ALAN TRENCH	1969
11.6	NISHANT PURI	2008	2:02.2	DAVID GORMAN	2006
11.6	GREGOR THORPE	2008	2:02.4	ALAN SMITH	1988
11.6	RYAN CLYDESDALE	2016	2:04.4	JAMIE MADDEN	1993
11.62	ANDREW COUTTS	2011	2:04.4	NIALL WALKER	2006
11.65w	JOSH MAITLAND	2014	2:04.5	GORDON REID	1971
11.7	GORDON ALLAN	1977	2:04.5	ROBIN ARCHIBALD	1976
11.7	MARK BROWN	1988	2:04.5	FRASER MACDOUGALL	1993
11.7	ALAN MACBETH	1988	2:05.1	IAN ARCHIBALD	1977
			2:05.4	WILLIE MCDONALD	1976
			2:05.82	BEN STAFFORD	2010
22.55	GREG KELLY	2015	2:06.0	DARREN LIGHTBODY	1992
22.8	JOHN GILLIES	1978	2:06.1	DUNCAN MCINNES	1994
22.9	STEPHEN HARRIGAN	1982	2:06.1	KEVIN MCKENNA	1997

## 200m

23.0	ROBIN ARCHIBALD	1976
23.0	EWAN MCCORMACK	1991
23.1	DAVID CATHIE	1987
23.10	FRASER MACKENZIE	2002
23.2	DEREK ARCHIBALD	1980
23.2	ALASDAIR MACKENZIE	2002
23.4	FRASER HOPKINS	1988
23.4	ROSS MAXWELL	2011
23.4	RYAN CLYDESDALE	2016
23.44	CALLUM FIELD	2014
23.66	ALISTER KERR	1998
23.76	NICHOLAS COUPLAND	2012
23.8	ANDREW COUTTS	2011
23.8	JOSH MAITLAND	2014
23.85w	AIDAN GILBRIDE	2014
23.9	NISHANT PURI	2008
24.0	BEN MCKENNA	1974



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<b>1500m</b>				<b>100mH</b>			
3:54.6	ALAN MACBETH	1988	14.4	GRANT IRWINE	1979		
3:59.8	ROBERT MCKIM	1974	14.6	SCOTT HONE	2003		
4:07.32	AIDAN GILBRIDE	2014	14.72	CRAIG GILLIES	1981		
4:09.8	KEVIN MCKENNA	1997	15.2	A MARSHALL	1976		
4:10.3	IAN ARCHIBALD	1977	15.3	ROSS GIBSON	1995		
4:11.8	ALAN SMITH	1989	15.37	KENNETH MILLER	1988		
4:13.0	GERRY FEGAN	1988	15.5	S BRAWLEY	1976		
4:13.2	BOBBY MADDEN	1995	15.78	KEVIN MCDOWALL	1987		
4:15.5	ALAN TRENCH	1969	16.3	ROBERT MCKIM	1974		
4:15.64	DAVID GORMAN	2007	16.3	ROBERT HOWAT	1991		
4:16.0	WILLIE MCDONALD	1976	16.8	FRASER MACDOUGALL	1993		
4:17.1	MARK MORGAN	1986	16.9	SCOTT MCDERMOTT	1991		
4:17.5	ANDY NEWELL	1977	16.9	PAUL SNEDDON	1997		
4:20.6	JOHN MACALLISTER	1979	17.3	JAMIE MADDEN	1993		
4:22.2	COLIN HENDERSON	1998	17.3	MARK SHERWOOD	1995		
4:23.2	STEPHEN MATTHEWS	2001	17.5	I BINGHAM	1979		
4:23.5	JAMIE CLEMENTS	2006	17.8	DOUGLAS MCCUE	1980		
4:23.61	MARTIN LYNAS	2015	18.0	DEREK MILLER	1992		
4:25.54	BEN STAFFORD	2010	18.0	DUNCAN MCINNES	1994		
4:25.8	JAMIE MADDEN	1993	18.2	M MOWAT	1976		
<b>3000m</b>				<b>1500m S/C</b>			
8:49.9	RICHARD MCKIRDY	1981	4:33.51	KEVIN MCKENNA	1997		
8:55.6	IAN TIERNEY	1986	4:43.05	BOBBY MADDEN	1995		
9:06.0	ROBERT MCKIM	1974	4:44.8	MARK MORGAN	1986		
9:06.0	WILLIE MCDONALD	1976	4:50.6	JAMIE MADDEN	1993		
9:11.0	MARK SWEENEY	1973	5:00.0	ALAN MITCHELL	1995		
9:13.7	KEVIN MCKENNA	1997	5:01.5	ALAN SMITH	1988		
9:27.34	MARTIN LYNAS	2014	5:04.4	CAMERON CLEMENT	1993		
9:32.1	BOBBY MADDEN	1995	5:08.0	RONNIE BIAS	1977		
9:32.5	MARK MORGAN	1986	5:13.6	WILLIE MCDONALD	1974		
9:38.2	COLIN HENDERSON	1998	5:33.6	MARK SHERWOOD	1994		
9:38.70	STEPHEN MATTHEWS	2001					
9:39.??	GRAEME CASKIE	2002					
9:44.0	ANDY NEWELL	1977	6:11.8				
9:45.6	ALAN MITCHELL	1995	6:29.0				
9:47.4	CAMERON CLEMENT	1993	6:31.1				
9:51.2	JAMIE MADDEN	1993	6:30.0				
9:53.4	CRAIG CLEMENTS	1987	6:34.9				
9:55.4	IAN ARCHIBALD	1976	6:35.0				
9:58.00	ADAM GATENS	2008	6:55.0				
9:59.5	BRIAN O`NEILL	1987	7:06.5				
<b>5000m</b>				<b>2000mS/C</b>			
16:02.8	IAN TIERNEY	1986	7:06.6	ROBERT MCKIM	1974		
			7:11.8	WILLIE MCDONALD	1976		
			7:17.9	MARK MORGAN	1986		
			7:19.7	JOHN MACALLISTER	1979		
			7:25.3	ANDY NEWELL	1978		
			7:35.2	ALAN SMITH	1988		
			7:36.7	IAN ARCHIBALD	1976		
			7:38.0	RONNIE BIAS	1976		
			7:39.0	D CONNOLLY	1977		
			8:25.0	JIM PROVAN	1975		
				KRISS DULLICK	1992		
				SCOTT MCDERMOTT	1992		
				CRAIG CLEMENTS	1986		
				BRIAN O`NEILL	1987		
				PAUL CAMPBELL	1987		
				DAVID RAE	1979		
				R MARSHALL	1976		
				IAN GARDINER	1977		
<b>400mH</b>							
57.7	KEVIN MCKENNA	1997					
65.2	DOUGLAS MCCUE	1980					
72.26	PAUL SNEDDON	1997					



# EKAC UNDER 17 MEN TOP 20



## HIGH JUMP

1.90i	DUNCAN MCINNES	1995
1.83	DOUGLAS MCCUE	1980
1.81	DAVID GORMLEY	1987
1.80	CRAIG GILLIES	1982
1.80i	ALISTER KERR	1998
1.80	SCOTT HONE	2003
1.79i	ROSS GIBSON	1996
1.76	ROBERT MOODIE	1978
1.75	GRANT IRWINE	1979
1.75	CRAIG GILLIES	1981
1.75	CAMPBELL LAMONT	1985
1.75	MARK ELLIOTT	1996
1.71	SCOTT MCDERMOTT	1992
1.70	BEN MCKENNA	1976
1.70	SCOTT HONE	2003
1.65	SI MITCHELL	1985
1.60	IAN MCGREGOR	1991
1.60	FRASER MACDOUGALL	1993
1.60	BOBBY MADDEN	1995
1.53	CAMERON CLEMENT	1993
<b>LONG JUMP</b>		
6.60	DAVID GORMLEY	1988
6.50	ROSS MAXWELL	2011
6.45	FRASER HOPKINS	1988
6.39	BEN MCKENNA	1976
6.33	CRAIG GILLIES	1982
6.12	GRANT IRWINE	1979
6.05	IAN MCGREGOR	1991
6.05 i	ROSS GIBSON	1996
5.94	ROBERT MOODIE	1978
5.94	DOUGLAS MCCUE	1980
5.88	GREGOR THORPE	2008
5.80	DEREK ARCHIBALD	1980
5.80	SCOTT MCDERMOTT	1992
5.78	KENNETH MILLER	1988
5.72	COLIN WALKER	1994
5.72	SCOTT HONE	2004
5.69	ROBIN ARCHIBALD	1976
5.60	EWAN MCCORMACK	1992
5.56	DUNCAN MCINNES	1994
5.55	DEREK MILLER	1991
<b>TRIPLE JUMP</b>		
13.25	DAVID GORMLEY	1988
13.06	SCOTT HONE	2004
12.60	GORDON IRWINE	1982
12.59	GRANT IRWINE	1979
12.39	ROBERT MOODIE	1978
12.15	CRAIG GILLIES	1982
12.02	ROBIN ARCHIBALD	1976
11.93	DEREK ARCHIBALD	1979
11.82	DOUGLAS MCCUE	1980
11.63	SCOTT MCDERMOTT	1992
11.61	KENNETH MILLER	1988
11.54	JAMIE MADDEN	1993
11.34	CAMPBELL LAMONT	1985
11.10	ALAN MACBETH	1987
11.03	MARK BROWN	1988
11.01	JAMES RUSSELL	1995
11.09	L CHRISTIE	1977
10.93	AMIT KUMAR	2014
10.87	DEREK MILLER	1992
10.79	ROSS GIBSON	1995

## POLE VAULT

3.30	ROSS GIBSON	1996
3.10	DAVID GORMLEY	1987
3.10	KEVIN MCDOWALL	1987
3.00	GRANT IRWINE	1979
2.70i	SCOTT MCDERMOTT	1992
2.60	KENNETH MILLER	1988
2.50	FRASER MACDOUGALL	1993
2.40	MARK SHERWOOD	1994
2.30	ROBERT MOODIE	1978
1.90	STEVEN COKE	1997
1.90	PAUL SNEDDON	1997

## DISCUS

41.34	GORDON IRWINE	1981
32.88	FRASER MACDOUGALL	1993
31.84	GRANT IRWINE	1979
31.66	SCOTT MCDERMOTT	1992
29.56	STEVEN COKE	1997
28.56	KEVIN MCDOWALL	1987
28.50	MARK BROWN	1988
27.54	DOUGLAS MCCUE	1980
27.44	ROSS GIBSON	1996
27.06	KEVIN JENKINS	1986
26.64	JOHN MITCHELL	1990
25.56	A MARSHALL	1976
24.96	MARK SHERWOOD	1994
24.78	I AULD	1979
24.12	ALAN MORAN	1980
23.47	JOSH MAITLAND	2014
23.23	ROBERT MOODIE	1978
23.14	ROBERT HOWAT	1991
22.74	JOHN MCGREGOR	1987
22.44	IAN ARCHIBALD	1977

## HAMMER

35.48	STUART MUIR	2009
33.20	DECLAN GORMAN	2007
32.17	KEVIN JENKINS	1986
28.50	ANDREW MATHIESON	1982
25.42	SCOTT MCDERMOTT	1992
25.30	KENNETH MILLER	1988
24.44	ROSS GIBSON	1996
22.00	DEREK MILLER	1992
20.39	STEVEN COKE	1997
16.90	FRASER MCKENZIE	2001
14.90	NIALL WALKER	2005
13.82	JAMES RUSSELL	1994
13.67	R MCCREATH	1989
12.44	JAMIE MADDEN	1993
11.84	GRAEME KEDDIE	1994
6.66	CAMERON CLEMENT	1993



# EKAC UNDER 17 MEN TOP 20



## JAVELIN

46.50	FRASER MACDOUGALL	1993
42.46	SCOTT MCDERMOTT	1992
41.08	ROSS GIBSON	1996
40.02	CAMPBELL LAMONT	1985
36.82	JOSH MAITLAND	2014
34.76	DAVID STEEL	1987
34.30	MARK SHERWOOD	1995
33.70	STEVEN LITTLEWOOD	1989
32.66	MARK BROWN	1988
32.58	ROBERT HOWAT	1991
32.04	STEVEN COKE	1996
30.36	KEVIN MCDOWALL	1987
30.20	FRASER WHITE	1975
29.92	ROBERT MOODIE	1977
29.30	COLIN WALKER	1994
27.77	KENNETH MILLER	1988
27.26	S BRAWLEY	1976
27.08	STEVEN WHYTE	1997
26.98	ALAN SMITH	1988
25.99	RYAN CLYDESDALE	2017

## SHOT PUT

14.41	GRANT IRWINE	1979
13.81	GORDON IRWINE	1981
13.66	A BULLOCH	1978
12.27	KEVIN JENKINS	1986
11.97	ROSS GIBSON	1996
11.84	ANDREW MATHIESON	1982
11.50	ROBERT MOODIE	1978
11.25	A MORAN	1980
11.25	DEREK MILLER	1992
10.62	KENNETH MILLER	1988
10.41	I AULD	1979
10.15	SCOTT MCDERMOTT	1992
10.14	STUART GRAY	1995
9.45	STEVEN COKE	1997
9.35	E RITCHIE	1976
9.32	ROSS MAXWELL	2011
9.28	STEVEN WHYTE	1997
9.16	PAUL BROOKS	2008
9.12	EWAN MCCORMACK	1990
9.09	ROBERT MCKIM	1974