

EKAC UNDER 20 MEN TOP 20

	60m			300m	
7.02	ALASDAIR MACKENZIE	2003	39.3	JAMIE CLEMENTS	2006
7.02	GREG KELLY	2018			
7.08	FRASER MACKENZIE	2003		400m	
7.1	DAVID GILMOUR	1989	48.61	ALASDAIR MACKENZIE	2004
7.11	FRASER MACDOUGALL	1997	50.13i	AIDAN GILBRIDE	2016
7.37	EWAN MCCORMACK	1993	50.33	GREG KELLY	2016
7.4	DAVID BALLANTYNE	1992	50.8	DAVID CATHIE	1989
7.43	GREGOR THORPE	2009	50.9i	DAVID BALLANTYNE	1991
7.47	SCOTT MCDERMOTT	1995	50.9	KRISS DULLICK	1994
7.59	JOSH MAITLAND	2015	51.1	JAMIE CLEMENTS	2008
7.64	NISHANT PURI	2009	51.3	IAN ARCHIBALD	1980
7.77	MARTIN BARR	2005	51.5	KEVIN WOODS	1992
7.79	JACOB CONNELLY	2017	51.6	FRASER WHITE	1976
7.86	SAMMIE DICKIE	2021	51.70	RYAN CLYDESDALE	2018
7.90	DAVID CHAN	2002	51.7	ALAN CORD	1974
8.04	AMIT KUMAR	2015	51.9	ALEX BROWN	1969
8.14	JORDAN O'NEILL	2022	51.9	FRASER MACDOUGALL	1995
			51.99	CALLUM FIELD	2016
	100m		52.2	DOUGLAS MCCUE	1982
10.7	GREG KELLY	2018	52.34	SCOTT MCDERMOTT	1994
11.0	DAVID GILMOUR	1989	52.4	ROBERT MCKIM	1976
11.02	FRASER MACKENZIE	2005	52.9	BOBBY MADDEN	1996
11.09	JOHN GILLIES	1980	52.98	KIERAN RANKIN	2013
11.11	ALASDAIR MACKENZIE	2003			
11.14	FRASER MACDOUGALL	1996		600m	
11.2	DAVID BALLANTYNE	1991	1:22.88	AIDAN GILBRIDE	2016
11.3	KENNETH MACNAMEE	1988	1:30.32	NIALL WALKER	2006
11.4	DAVID CATHIE	1988			
11.5	CRAIG GILLIES	1984		800m	
11.65	GREGOR THORPE	2011	1:50.42	IAN ARCHIBALD	1980
11.7	GRANT IRWINE	1980	1:52.87i	AIDAN GILBRIDE	2016
11.7	DOUGLAS MCCUE	1981	1:52.96	ALAN MACBETH	1989
11.7	NISHANT PURI	2009	1:55.32	CALUM CHARTERS	2023
11.7	EWAN MCCORMACK	1992	1:56.0	JAMIE CLEMENTS	2008
11.7	AIDAN GILBRIDE	2015	1:58.6	GORDON REID	1973
11.7	RYAN CLYDESDALE	2019	1:58.6	FRASER WHITE	1976
11.7	JAKE VULCAN	2022	1:58.97	COLIN GRANT	1983
11.8	ROBERT MOODIE	1979	2:00.58	DAVID WHITE	1987
11.8	SCOTT MCDERMOTT	1994	2:00.9	KRISS DULLICK	1994
11.8	STEVEN TOMS	2001	2:01.07	BOBBY MADDEN	1997
			2:01.42	ALAN SMITH	1990
			2:01.7	CHRIS BRYDEN	1987
18.4	JAKE VULCAN	2021	2:02.3	IAN TIERNEY	1987
18.6	JORDAN O'NEILL	2021	2:02.5	ALAN PARTRIDGE	1968
18.9	SAMMY DICKIE	2021	2:02.5	NIALL WALKER	2008
			2:03.0	JAMIE MADDEN	1996
			2:03.8	DAVID GORMAN	2008
			2:04.0	RICHARD MCKIRDY	1982
21.68	GREG KELLY	2018	2:04.3	FRANNY WALLACE	1987
22.28	FRASER MACKENZIE	2005			
22.30	DAVID GILMOUR	1989			
22.36/33w	ALASDAIR MACKENZIE	2003			
22.5	FRASER MACDOUGALL	1995			
22.6	DAVID CATHIE	1988			
22.7	JOHN GILLIES	1980			
22.7	DAVID BALLANTYNE	1992			
22.9	RONNIE MONCRIEFF	1966			
22.9	BEN MCKENNA	1976			
22.9	ROBIN ARCHIBALD	1978			
22.9	ALASTAIR MCKENZIE	2003			
23.31	GREGOR THORPE	2011			
23.45i	AIDAN GILBRIDE	2016			
23.6	KENNETH MCNAMEE	1988			
23.7	BRIAN COOK	1973			
23.7	EWAN MCCORMACK	1992			
23.7	STEVEN TOMS	2001			
23.7	RYAN CLYDESDALE	2019			

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	1500m			60mH	
3:48.94	IAN ARCHIBALD	1980	8.92i	SCOTT MCDERMOTT	1995
3:53.2	ALAN MACBETH	1989			
3:57.51	AIDAN GILBRIDE	2016		100mH	
3:59.3	RICHARD MCKIRDY	1982	15.0	CRAIG GILLIES	1984
4:02.3	IAN TIERNEY	1987	16.03	GRANT IRWINE	1980
4:03.07	CALUM CHARTERS	2023	16.34	SCOTT MCDERMOTT	1994
4:04.5	COLIN GRANT	1983	16.6	ROBERT MOODIE	1980
4:04.66	SAM HOSIE	2024	17.00	DOUGLAS MCCUE	1982
4:05.6	GORDON REID	1972	17.42	MALCOLM GIBSON	1991
4:06.1	IAIN CAMPBELL	1978	17.90	KEVIN MCDOWALL	1989
4:07.8	BOBBY MADDEN	1997	20.1	SCOTT HONE	2007
4:13.48	JAMIE CLEMENTS	2008	20.35	LAURENCE REID	1985
4:13.8	TOM COLSTON	1974	20.37	DAVID ROSS	1987
4:16.0	CAMERON CLEMENT	1996	21.3	ROBERT HOWAT	1992
4:11.5	GRANT BAILLIE	1998	22.0	ALAN MITCHELL	1997
4:18.7	ALAN SMITH	1991	24.3	MARK PROVAN	1988
4:19.0	FRANCIS WALLACE	1986			
4:19.8	CHRIS BRYDEN	1986		400mH	
4:20.9	JAMIE MADDEN	1996	59.22	ROBERT HOWAT	1993
4:21.1	CHRIS WATTERS	1990	60.8	BERNARD MCKENNA	1977
			61.0	ROBERT MCKIM	1976
			61.5	GRANT IRWINE	1980
			61.5	MALCOLM GIBSON	1991
8:24.6	IAN ARCHIBALD	1980	61.7	IAN LIVINGSTONE	1992
8:30.3	IAIN CAMPBELL	1978	61.7	JAMIE MADDEN	1994
8:46.8	IAN TIERNEY	1988	62.23	KEVIN MCDOWALL	1988
8:47.0	COLIN GRANT	1983	63.2	DOUGLAS MCCUE	1981
8:51.0	ROBERT MCKIM	1976	63.6	GRANT BAILLIE	1997
9:00.12i	AIDAN GILBRIDE	2016	64.90	LAURENCE REID	1985
9:08.41	MARTIN LYNAS	2016	65.0	ALAN MITCHELL	1997
9:10.82	BOBBY MADDEN	1997	65.1	ROBERT MOODIE	1992
9:16.8	GRANT BAILLIE	1997	65.2	CAMERON CLEMENT	1994
9:19.0	CAMERON CLEMENT	1996	66.4	BOBBY MADDEN	1997
9:24.24i	HAMISH ANDERSON	2020	72.5	GRAEME KEDDIE	1998
9:24.?	GORDON COLVIN	1978	73.83	DAVID ROSS	1987
9:25.4	ALAN SMITH	1991			
9:29.52i	CALUM CHARTERS	2023		2000m S/C	
9:33.1	DAVID WHITE	1987		ROBERT MCKIM	1975
9:38.9	LAURENCE REID	1986	5:59.8	RICHARD MCKIRDY	1982
9:54.3	GRAEME KEDDIE	1997	6:05.7	WILLIE MCDONALD	1977
9:55.0	JOHN FERGUSSON	2008	6:14.54	CALUM CHARTERS	2023
9:58.7	KRISS DULLICK	1993	6:28.40	BOBBY MADDEN	1996
10:05.8	DEREK BELL	1996	6:28.9	FRANNY WALLACE	1986
			6:36.8	CAMERON CLEMENT	1996
			6:38.54	JAMIE MADDEN	1996
			6:50.8	LAURENCE REID	1986
14:29.1	IAIN CAMPBELL	1978	7:04.8	ALAN MITCHELL	1996
14:45.5	IAN ARCHIBALD	1980	7:10.07	GRAEME KEDDIE	1996
15:10.05	AIDAN GILBRIDE	2016	7:45.6		
15:24.0	IAN TIERNEY	1988		3000m S/C	
15:55.29	MARTIN LYNAS	2016		IAN ARCHIBALD	1980
16:06.4	BOBBY MADDEN	1997		WILLIE MCDONALD	1977
16:09.9	GORDON COLVIN	1978	9:56.0	ROBERT MCKIM	1976
16:27.5	COLIN GRANT	1983	9:59.6	CAMERON CLEMENT	1996
17:07.9	CAMERON CLEMENT	1996	10:10.1	GRANT BAILLIE	1997
17:42.2	LAURENCE REID	1986	10:17.7	CHRIS BRYDEN	1987
17:43.0	GRANT BAILLIE	1997	10:27.8	NEIL SHARPE	1990
17:57.2	DAVID WHITE	1986	10:34.3	BOBBY MADDEN	1996
19:08.3	GRAEME KEDDIE	1997	10:35.98	DEREK BELL	1995
			10:40.6	LAURENCE REID	1987
			10:43.0		
			10:49.1		
33:16.17	10000m				
35:20.76	MARTIN LYNAS	2018			
	VINCENT HASTINGS	2014			

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HIGH JUMP				POLE VAULT			
2.05i	DUNCAN MCINNES	1997	3.40	3.40	KEVIN MCDOWALL	1989	
1.91	AMIT KUMAR	2018	3.40	3.40	SCOTT MCDERMOTT	1993	
1.90	MARK ELLIOTT	1997	3.00	3.00	DOUGLAS MCCUE	1982	
1.85	DOUGLAS MCCUE	1981	3.00	3.00	MARK PROVAN	1989	
1.85	SCOTT MCDERMOTT	1994	2.90	2.90	GRANT IRWINE	1980	
1.85i	ALISTER KERR	2000	2.70	2.70	CAMPBELL LAMONT	1986	
1.85	SCOTT HONE	2005	2.60i	2.60i	KENNETH MILLAR	1991	
1.84	GRANT IRWINE	1981	2.50	2.50	ROSS GIBSON	1997	
1.80	CAMPBELL LAMONT	1987	2.40	2.40	ROBERT MOODIE	1979	
1.78	ROBERT MOODIE	1980	2.05	2.05	ALAN MITCHELL	1997	
1.75	DAVID GORMLEY	1989					
1.73	BOBBY MADDEN	1997					
1.70	BERNARD MCKENNA	1976	35.24		DISCUS		
1.70	STEVEN TOMS	2001	33.64		GRAEME FERGUSON	1994	
1.66	SI MITCHELL	1986	33.34		SCOTT MCDERMOTT	1994	
1.65	FRASER MACDOUGALL	1994	32.78		KEVIN MCDOWALL	1988	
1.63	ROBIN ARCHIBALD	1977	31.76		GRANT IRWINE	1981	
1.60	ALAN MITCHELL	1998	28.62		ROBERT MOODIE	1980	
1.58	GRANT BAILLIE	1997	23.30		CAMPBELL LAMONT	1987	
1.57	KEVIN MCDOWALL	1989	22.08		FRASER MACDOUGALL	1995	
			21.12		ROSS GIBSON	1997	
					MARK PROVAN	1988	
			20.81		STEVEN COKE	1998	
6.66	SCOTT MCDERMOTT	1994	19.48		ALAN MITCHELL	1997	
6.50	GRANT IRWINE	1981	16.36		STEVEN TOMS	2001	
6.50	DOUGLAS MCCUE	1982	15.56		NEIL GRANT	1983	
6.49	DAVID GORMLEY	1989	15.14		JAMIE MADDEN	1994	
6.38	BERNARD MCKENNA	1976	13.54		ROBERT HOWAT	1993	
6.32	CRAIG GILLIES	1984	12.28		GRAEME KEDDIE	1997	
6.20	ROBERT MOODIE	1980					
6.11	AMIT KUMAR	2016					
6.10	SCOTT HONE	2006	31.12		HAMMER		
6.05	ROBIN ARCHIBALD	1977	22.76		GRAEME FERGUSON	1994	
6.00	JOHN GILLIES	1980	21.06		KEVIN JENKINS	1988	
5.86	FRASER MACDOUGALL	1994	16.98		GRANT IRWINE	1981	
5.74	ROBERT HOWAT	1993	15.49		ROSS GIBSON	1997	
5.60	KRISS DULLICK	1993	9.70		GRAEME KEDDIE	1998	
5.54	CALUM CHARTERS	2023			BOBBY MADDEN	1997	
5.52	CAMPBELL LAMONT	1986					
5.51	EWAN MCCORMACK	1992	49.30		JAVELIN		
5.48	STUART MCMILLAN	1997	44.90		SCOTT MCDERMOTT	1994	
5.45	CHRIS BRYDEN	1986	42.46		FRASER MCDUGALL	1995	
5.44	ALAN MITCHELL	1997	41.12		CAMPBELL LAMONT	1986	
			35.46		GRANT IRWINE	1980	
					KEVIN MCDOWALL	1989	
			33.50		ROBERT MOODIE	1980	
12.88	GRANT IRWINE	1980	33.50		DOUGLAS MCCUE	1982	
12.70	DOUGLAS MCCUE	1981	32.58		STEVEN COKE	1998	
12.56	ROBERT MOODIE	1979	32.30		GRAEME FERGUSON	1994	
12.51	DAVID GORMLEY	1989	31.74		ROBERT HOWAT	1993	
12.48	DUNCAN MCINNES	1996	29.66		JOHN MCGREGOR	1988	
12.32	BERNARD MCKENNA	1976	27.52		STUART MCMILLAN	1997	
12.01	SCOTT MCDERMOTT	1993	27.38		LUKE KIRWAN	2017	
11.83	JAMIE MADDEN	1996	26.90		ALAN SMITH	1991	
11.45	KENNETH MILLAR	1989	26.54		ALAN MITCHELL	1997	
11.35	AMIT KUMAR	2015	25.40		BOBBY MADDEN	1996	
11.26	KEVIN MCDOWALL	1988	24.90		MARK PROVAN	1989	
11.04	BOBBY MADDEN	1996	24.18		JAMIE MADDEN	1996	
11.00	CAMERON CLEMENT	1994	21.08		NEIL SHARPE	1990	
10.99	ALAN MITCHELL	1997	20.08		DAVID GILMOUR	1989	
10.97	DEREK BELL	1995					
10.87	KRISS DULLICK	1994					
10.66	GRANT BAILLIE	1997					
10.45	FRASER MACDOUGALL	1994					
10.39	ALAN SMITH	1991					
9.88	GARY LOGAN	1997					

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SHOT PUT

12.93	GRAEME FERGUSON	1994
12.74	GRANT IRWINE	1981
11.46	SCOTT MCDERMOTT	1994
11.35	ROBERT MOODIE	1980
9.89	KEVIN JENKINS	1988
9.71	ROSS GIBSON	1997
9.36	FRASER MACKENZIE	2003
9.13	CAMPBELL LAMONT	1987
8.82	KEVIN MCDOWALL	1989
8.33	DAVID CHAN	2002
7.74	JAMIE CLEMENTS	2008
7.22	NIALL WALKER	2008
7.21	CALUM CHARTERS	2023
7.13	STUART MCMILLAN	1997
7.03	LEWIS THORPE	2023
6.68	BOBBY MADDEN	1997
6.56	JAMIE MADDEN	1996
6.52	MARK PROVAN	1988
6.52	DAVID GORMAN	2008
6.42	NEIL SHARPE	1990